



ADULT PROGRAMS

DARA NEWSLETTER FEBRUARY 2026



WERQ DANCE FITNESS

WERQ is a fun, non-stop cardio dance fitness class with easy repetitive moves to top music, pop, & hip hop.

AGES: Adults, Seniors

DATES: Tuesdays, March 10th - April 14th

TIME: 7-8pm

LOCATION: Valley Farms Community Center

COST: \$60/6 weeks or \$12/drop-in

BELLYDANCING CLASS FITNESS

Learn the art of Belly dancing while getting a great workout in!

SCHEDULE: Thursdays, March 26th - April 30th

TIME: 6-7pm

AGES: Adults, Seniors

LOCATION: Valley Farms Community Center

COST: \$60/6 weeks or \$12 drop in

BCBS WINTER WARM UP - FREE!

8 weeks with two one-hour sessions each week led by a certified Good Form Running and Walking coach from the Playmakers Fitness Foundation.

Receive weekly training tips and information. Training leads to the Blue Cross® Winter Warm Up 5K Walk/Run Celebration at Hawk Island Park in Lansing on Sat, March 21, 2026

Register: at runsignup.com/www

DROP IN PROGRAMS

CARDIO DRUMMING

Wednesdays at 6pm

**all located at valley farms community center

Walk with Ease- Contact: DeWitt District Library

INDOOR PICKLEBALL \$4 drop-in

ADAPTIVE PROGRAMS

SOCIAL NIGHT

Dancing, Refreshments, & Hanging Out!

Teens and Adults with Disabilities (16+)

UPCOMING 2025 DATES:

February 6th - Valentines Bash

March 6th - Shamrock Shuffle

April 10th - Spring Fling

TIME: 6:00 PM- 8:00 PM

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$10.00/guest *Each guest is allowed a plus one (Staff, guardian, parent, etc.)

ACCESSIBLE EGG EXTRAVAGANZA

Open to ALL ages - youth, teens, and adults

Enjoy games, treats, and an accessible egg hunt

Date: Saturday March 21st

TIME: 11am

LOCATION: MLMM Accessible Baseball Field

COST: \$5 (Reg opens March 2nd)

SEASONAL ADAPTIVE SPORTS

Follow us to stay up to date on multiple adaptive sports opportunities:

- Winter Basketball (December-February)
- Spring Soccer
 - **SEASON runs APRIL - MAY**
 - **Registration opens beginning of March**
- Summer Baseball: Miracle League of Mid-Michigan
 - **June-August**
 - **Registration opens mid-March**
- Fall Soccer (Season runs September-October)

For adaptive programs or senior programs, contact:

Ilah Coe -

icoe@dewittrecreation.org

CHILDREN'S PROGRAMS

DROP YOUR KIDS OFF AGES: 5-12

Kids enjoy games, crafts, pizza!

Date: Friday, February 13th

Time: 6 p.m.- 11 p.m.

Location: Valley Farms Community Center

Cost: \$17.00/Child

Reg. Deadline: Wednesday, Feb. 11th

ALL DAY DROP YOUR KIDS OFF AGES: 5-12

Come join us for games, arts, crafts and more on a day off!

AGES: 5-12

DATE: Monday, February 16th, 2025

TIME: 7:30am-5:30pm

REG. DEADLINE: Friday, February 14th, 2025

LOCATION: Valley Farms Community Center

COST: \$35.00/CHILD

SPRING BREAK FUN CLUB AGES: 5-12

Kids enjoy their spring break with games, playing outside, crafts, hanging out with friends, & more!

DATE/TIME: Friday, March 27th, Monday March 30th- Thursday April 2nd

REG. DEADLINE: Monday, March 24th

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$150/res, \$165/non-res

5 Year old's MUST be enrolled in Kindergarten

PRE-K STRESS BUSTERS & OPEN PLAY

AGES: 3-5

Focuses on easy-to-do activities your child can do to help feel better when they are facing big feelings. They'll cover topics such as including others and sharing, kindness, good listening, respecting personal space, and more.

DATE: Every Friday

TIME: 1-2pm Stress busters Workshop & 2-3pm Open play

No Registration Required !!!

LOCATION: Valley Farm Community Center

DARA MARCH MADNESS EGG HUNT! AGES: 0-10

Suit up in your favorite sports gear and grab a basket or bag to scoop up candy, prizes, and all the March Madness fun!

DATE/TIME: Saturday, March 21st at 3pm

REG. DEADLINE: Until 100 spots are full

LOCATION: DeWitt Sports Park

COST: \$5/res, \$10/ non-res

For Children's Programs, contact:

Morgan Gerhardt -

mgerhardt@dewittrecreation.org

DARA

NEWSLETTER

FEBRUARY 2026



YOUTH AND ADULT SPORTS

4V4 ADULT MEN'S BASKETBALL

5 Week league + single elimination tournament.

Dates: Tues, April 7-May 5 (tournament May 12)

Time: 6pm-11pm

Location: Valley Farms Community Center

Teams must consist of 4-8 players.

PLAYERS REGISTER ONLINE SEPARATELY AND PAY PLAYER FEE.

Team fee is \$225 and player fees are \$5/res; \$20/non res.

registration ends March 27th

YOUTH VOLLEYBALL

6 week league for grades 3rd/4th & 5th/6th

Practice once per week

GAMES: Thursday's 5:30pm-8pm

DATES: April 16- May 14

Location: Valley Farms Community Center Gym

COST: \$52/RES ; \$67/NON RES

REG. DEADLINE: March 20th

\$10 early bird discount until March 13th

YOUTH SPORTS ADVISORY BOARD

DARA is looking for involved members of the community to join our youth sports advisory board. For more information or to apply, please contact us at (517) 482-5117 or email iplaugherr@dewittrecreation.org Applications due March 6th

For Youth and Adult Sports, Contact:

Isaiah Plaugherr -

iplaugherr@dewittrecreation.org