DARA **NEWSLETTER**

ADAPTIVE PROGRAMS

OCTOBER 2025

ADULT **PROGRAMS**

SOCIAL NIGHT

First Friday of Every Month -Dancing, Refreshments, & Hang Out!

Teens and Adults with Disabilities (16+) **UPCOMING 2025 DATES:**

Oct 3 - Harvest Hangout

Nov 7 - Cozy Vibes and Good Times

Dec 5 - Winter Wonderland TIME: 6:00 PM- 8:00 PM

LOCATION: VALLEY FARMS COMMUNITY CENTER COST: \$10.00/guest *Each guest is allowed a

plus one (Staff, guardian, parent, etc.)

ADAPTIVE SOCCER - WEDNESDAY EVENINGS *TEAMS ARE FULL - LOOKING FOR BUDDIES!

5 week league with 5 games DATES: Oct 1st - Oct 29th

TIME: Games run between 5:00pm-8:00pm (each

game is 45 minutes to an hour each)

LOCATION: Mid-Michigan Miracle League Field

Located by Valley Farms Community Center

BELLYDANCE CLASS

Learn the art of Belly dancing while getting a great workout in!

SCHEDULE: Oct. 16th-Nov. 20th,

Thursdays 6-7pm AGE: Adults, Seniors

LOCATION: Valley Farms Community Center

COST: \$60/6 weeks or \$12 drop in

WERQ DANCE FITNESS



WERQ is a fun, non-stop cardio dance fitness class with easy repetitive moves to top music, pop, & hip hop.

AGES: Adults and Seniors

DATES: 6 weeks starting Oct 28th, Tuesdays

TIMES: 6-7pm

LOCATION: Valley Farms Community Center

COST: \$60/6 weeks or \$12/drop-in

ACCESSIBLE TRICK OR TREAT: MIRACLE LEAGUE OF MID-MICHIGAN AND DARA

OPEN TO THE PUBLIC! Trick or Treat, games, crafts, visit from MSU Athletes, food, and lots of FUN!

DATES: October 26th

TIME: 4pm

LOCATION: Mid-Michigan Miracle League Field

Located by Valley Farms Community Center

COST: \$3

*Register via the DARA website

DROP IN PROGRAMS

CARDIO DRUMMING - Wednesdays at 6pm **all located at valley farms community center ·Walk with Ease- Contact: DeWitt District Library

INDOOR PICKLEBALL RESERVATIONS

Please Call the office to reserve the court. (517)482-5117

*For more information regarding adaptive programs or senior programs, contact:

Ilah Coe

Email: icoe@dewittrecreation.org

Phone: 517-482-5117







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YOUTH AND ADULT SPORTS

ISAIAH PLAUGHER iplaugher@dewittrecreation.org

TURKEY TOSS CORNHOLE TOURNAMENT

Join us for a day of fun at our first annual adult/child turkey toss cornhole tournament. If you are able, we are accepting canned and boxed food as part of our food drive. Food and drinks provided and prizes for our winners!

Ages: 1 adult (18+) and 1 child (5-12) per team

Date: Saturday Nov 22nd **Time**: 2pm start time Cost: \$20/team Reg Deadline: Oct 8th

ADULT MEN'S 3V3 BASKETBALL

1x Week league with single elimination tournament.

Dates: Mon, Nov 10- Dec 15

Time: 6pm-10pm

Location: Valley Farms Community Center

teams musts consist of 3-6 players.

PLAYERS REGISTER ONLINE SEPARATELY AND

PAY PLAYER FEE.

Team fee is \$150 and player fees are \$5/res;

\$20/non res. registration ends Oct 31

CHILDREN'S PROGRAMS

Morgan Gerhardt mgerhardt@dewittrecreation.org

FLASHLIGHT PUMPKIN HUNT

Grab your flashlight and head over to the DeWitt Sports Park for a night of fun! Enjoy Halloween games, cider and donuts, and hunting for (plastic) pumpkins under the moonlight.

Ages: 3-10 years old

Date: Tuesday, October 14th, 2025

Time: 6:45 P.M. - 7:45 P.M. Location: DeWitt Sports Park **Cost**: \$10 Res; \$15 Non-Res

HAUNTED HALLOWEEN TOUR

Sixth, Seventh, and Eighth Graders are invited

to join DARA for a night of fright! Date: Friday, October 17th, 2025

Time: 7:00 P.M.-12:00 P.M. **Location**: We will depart from Valley Farms Community Center and make stops at local

haunted houses. Cost: \$50/Person

PRE-K STRESS BUSTERS & OPEN PLAY **AGES: 3-5**

Focuses on easy-to-do activities your child can do to help feel better when they are facing big feelings. They'll learn things like mindfully paying attention to their movement and breathing, using artwork to express feelings, and even learn how laughter helps us feel better. Participants will also learn valuable social skills that will help them build friendships and get along with others. They'll cover topics such as including others and sharing, kindness, good listening, respecting personal space, and more.

DATE: Every Friday beginning on August 29th

TIME: 1-2pm Stress busters Workshop & 2-3pm Open

No Registration Required !!!

LOCATION: Valley Farm Community Center

DROP YOUR KIDS OFF

Kids enjoy games, crafts, pizza, and more! **Date:** Friday, October 10th

Time: 6 p.m.- 11 p.m.

Location: Valley Farms Community Center

Cost: \$17.00/Child

Reg. Deadline: Wednesday, Oct. 8th

PRE-K STORYBOOK COOKS CLASS

Participants ages 2-5 will learn the basics of cooking, from measuring to decorating, with treats to take home each week.

Dates: Mondays, October 13th-Nov. 3rd 2025

Time: Morning Class: 9:30-10:15 A.M.

Evening Class: 6:30-7:15 P.M.

Location: DeWitt City Hall Community Room

Cost: \$25/res, **\$40/non-res**

Reg. Deadline: Wednesday, Oct. 8th

